

NCDA general meeting
March 11, 2020 Mimi's Cafe

Meeting start 6:30pm

Call to order, introductions around the room

Minutes from the last meeting are posted to the website; no discussion.

Open issues:

NCDA board - we've been doing conference calls for our meetings

RMDS board meeting is March 12 in Parker; Didi, Katie, Joan, Silja, and Jane will attend for NCDA.

Elections in 2020 - President and Treasurer for NCDA will be up for another 2 year term (Didi will not seek re-election for President). There are current job descriptions of the officer positions on the website for those interested in running.

Treasurer's report - Andrea was at home ill, but sent the report. No changes in the account since last month.

Secretary's report - minutes are posted on NCDA's website

Committees:

1. Events for 2020 have been planned; Didi created a flyer that describes all 3 show/clinic weekends. All shows and clinics are up on Equestrian Entries for people to sign up. When Cindy Canace comes for the April show and clinic, Didi may host a dinner the evening before the show. Because Cindy is a judge for Dressage for the cure in May, people interested in showing with her then cannot participate in the April clinic (but the schooling show is fine).
Hana will host a NCDA party on May 2 (Derby Day). It happens the same day as Dressage for the Cure, so we need to get it on our calendar ASAP!
We are considering a potluck for the other 2 show/clinic weekends, but it was suggested that it would make for a very long show day - so we need to reconsider other options (maybe lunch?).
2. Communications: Jon and Whitney Haugen will expand our digital presence using FB, Instagram, etc... Also will take over email blasts for the club.
3. IT: Didi, Katie, and Jacki - Didi and Katie are doing their best to keep the site updated with minutes and agendas.
4. Volunteering: Andrea will get the sign-up genius set up soon for before, during, and after each event. We can always use helpers, scribes, runners, etc... for both shows and clinics.

Presentation by Jill Cantor-Lee LPC

Jill described riding as a metaphor - how issues that come up in your riding/training also show up in your personal life. There is a defined USDF/USEF training scale for training horses, and Jill uses a training scale for riders as well. When both horse and rider training scales are used in conjunction, you become more able to achieve harmony with your equine partner. Because horses are prey animals, we need to give them confidence by having a solid position in the saddle and help them maintain a consistent rhythm. Rhythm is everything when riding - once you achieve rhythm, then relaxation follows. Then climbing up the training pyramid becomes attainable.

Meeting adjourned at 7:45pm